

# Blennies

EASY DRINKS - EASY FOOD

<b>APPETIZERS</b>	Small	Large
Bread & Dip	4.00	7.00
Roasted Camembert Bread Dip		12.50
Edamame	4.00	7.00
Chicken Wings	7.50	11.50
Calamari	7.50	12.50
Nacho Cheese	7.50	12.50
Loaded Cheese Fries	7.50	12.50
'Bitterballen'	6.50	10.00
Spring Rolls	6.50	10.00
Chicken Nuggets	6.50	10.00

<b>SOUPS</b>	
Tomato Soup	7.50
<i>Tomato - vegetables</i>	
Lionfish Chowder	7.50
<i>Lionfish - onion - potato</i>	

<b>EGGS</b> *Your choice of white or whole wheat bread	
3 Eggs Sunny Side Up	12.50
<i>Fried eggs - your choice of bacon, ham or cheese</i>	
Omelette	12.50
<i>3 eggs - your choice of mushrooms, bacon, ham, cheese, onion, bell pepper</i>	
'12 O'clock'	13.50
<i>Dutch meat croquette - egg sunny side up - small cup of tomato soup</i>	

<b>SANDWICHES</b> *Your choice of white or whole wheat bread	
Club Sandwich	14.00
<i>Chicken - lettuce - Gouda cheese - fried egg - bacon - mayonaise</i>	
Tuna	12.50
<i>Tuna - onion - lettuce</i>	
Reuben	12.50
<i>Pastrami - sauerkraut - Russian dressing</i>	
Healthy	12.50
<i>Ham - Gouda cheese - boiled egg - tomato - cucumber</i>	
Croquettes	12.50
<i>Dutch meat croquettes - salad - mustard</i>	
Big Buddy 'Tosti'	12.50
<i>Ham - Gouda cheese - fried egg - tomato</i>	

<b>PANINI'S</b> *Your choice of white or whole wheat bread	
Spicy Chicken	10.50
<i>Grilled chicken - cheddar cheese - jalapeños - BBQ sauce</i>	

Italian	10.50
<i>Prosciutto - mozzarella cheese - pesto - tomato</i>	

Tuna Melt	10.50
<i>Tuna - cheddar cheese</i>	

Hummus & Veggie	10.50
<i>Hummus - roasted vegetables</i>	

<b>SALADS</b>	
Caesar Salad	14.50
<i>Romain lettuce - chicken - bacon - egg - Parmesan - Caesar dressing</i>	

Goat Cheese Salad	14.50
<i>Mixed salad - goat cheese - honey - cherry tomatoes - cucumber</i>	

Bistro Steak Salad	16.50
<i>Mixed salad - cherry tomatoes - cucumber - Parmesan cheese - balsamic glaze - 'bavette'</i>	

Seafood Salad	16.50
<i>Mixed salad - catch of the day - shrimps - cucumber - cherry tomatoes</i>	

<b>BURGERS</b>	
Buddy Burger	16.50
<i>7 oz. juicy burger - cheddar cheese - bacon - pickles - tomato - lettuce - burger sauce - fries</i>	

Pulled Pork Burger	17.50
<i>Pulled pork - coleslaw - pickles - BBQ sauce - fries</i>	

Fresh Fish Burger	17.50
<i>Catch of the day - lettuce - tartar sauce - pickles - fries</i>	

<b>VEGETARIAN</b> *or vegan on request	
Pasta Aglio e Olio	16.50
<i>Red pepper - parsley - garlic - roasted vegetables</i>	

No Meat Burger	16.50
<i>Vegan patty - tomato - vegan mayonaise - pickle - lettuce - fries</i>	

Falafel	17.50
<i>Pita bread - grilled vegetables - lettuce - vegan garlic sauce - fries</i>	

Madras Curry	20.00
<i>Potato - beans - mushroom - rice</i>	

Vegetables Quesadilla	17.50
<i>Tortilla - grilled vegetables - cheese / hummus - guacamole</i>	

## LUNCH & DINNER MENU

Lunch 11 am - 5 pm | Dinner 6 pm - 10 pm

All prices in USD, excluding gratuities

**MAIN** \*All served with your choice of fries, roasted potato, or rice

Chicken Satay	16.50
<i>Chicken skewer - 'kroepoek' - peanut sauce</i>	

Chicken Quesadilla	17.50
<i>Tortilla - chicken - vegetables - cheese</i>	

Catch Of The Day	18.50
<i>Catch of the day - lemon butter sauce</i>	

Bistro Steak	18.50
<i>Bistro steak 10 oz. 'bavette' - chimichurri</i>	

Fish & Chips	16.50
<i>Beer battered fish - tartar sauce</i>	

Schnitzel	17.50
<i>Pork schnitzel - mushroom sauce</i>	

Mixed Grill	18.50
<i>Beef skewer - chicken skewer - Merguez sausage - spare rib - BBQ sauce</i>	

Spare Ribs	17.50
<i>Whole slab</i>	

Spring Chicken	16.50
<i>Lemon - garlic butter sauce</i>	

<b>SIDES</b>	
Fries	4.00
Roasted Potatoes	4.00
Rice	4.00
Salad	6.00
Roasted Vegetables	6.00

<b>KIDS</b>	
Pizza Margarita	12.50
Fish & Chips	12.50
Burger & Fries	12.50
Croquette & Fries	8.50
Chicken Nuggets & Fries	8.50

<b>DESSERTS</b>	
Cheese Cake	6.00
Chocolate Cake	6.00
Brussels Waffle	6.00
Ice Cream	6.00
<i>3 Scoops</i>	





### COFFEE & TEA

Espresso	2.50
Coffee	3.00
Cappuccino	3.00
Latte Macchiato	3.00
Doppio Espresso	3.50
Tea	3.00
Fresh Mint Tea	3.50

### SOFT DRINKS

	Can
Coca Cola	3.00
Coca Cola Zero	3.00
7UP	3.00
Fanta	3.00
Royal Club Tonic	3.00
Royal Club Soda	3.00
Royal Club Ginger Ale	3.00
Royal Club Bitter Lemon	3.00
Royal Club Cassis	3.00
Ice Tea	3.50

### SODA FOUNTAIN DRINKS \*

Coca Cola - Coca Cola Zero - Sprite - Soda Water	5.50*
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\* Self-service, free refills - Price per person per meal

<b>JUICES</b>	3.00
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<b>SMOOTHIES</b>	8.00
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### BEERS

	Bottle	Bucket
Polar	4.00	20.00
Heineken	4.50	22.50
Heineken 0.0%	5.00	25.00
Corona	5.00	25.00

<b>FROZEN COCKTAILS</b>	9.00
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<b>CLASSIC COCKTAILS</b>	9.00
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<b>DAIQUIRIS</b>	8.50
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## DRINKS MENU

Lunch 11 am - 5 pm | Dinner 6 pm - 10 pm  
All prices in USD, excluding gratuities

### HOUSE WINES

	Glass	Bottle
Brigantello, Grillo	5.50	25.00
<i>White wine, lemon green in color, with pear and apple in the nose. On the palate honey and apricots with a crisp acidity.</i>		
Brigantello, Nero D'avola	5.50	25.00
<i>Full and fruity red wine with notes of bramble, blueberries. With soft, rounded tannins and well-balanced acidity.</i>		
Brigantello, Rosato	5.50	25.00
<i>Well-balanced rose with delicate fruit flavors like strawberry and cherry.</i>		
White Zinfandel	5.50	25.00
<i>Slightly sweet rose with red fruit flavors.</i>		

### OPEN WINES WHITE

	Glass	Bottle
Weltevrede, Sauvignon blanc	7.50	35.00
<i>Aromatic white wine with asparagus, gooseberries, and exotic guava. On the palate pear, melon, and tropical fruit with a pleasant acidity.</i>		
Quercus, Pinot Grigio	7.50	35.00
<i>White wine with fruit flavors like pear and melon with hints of apricots, and blossom, well-balanced acidity.</i>		
Gnarly Chardonnay	7.50	35.00
<i>Full-bodied white wine with bright citrusy aromas of lemon zest, honeydew melon, and just a hint of toasty oak, and a touch of vanilla.</i>		

### OPEN WINES RED

	Glass	Bottle
Montepulciano d'Abbruzzo DOC	7.50	35.00
<i>Bouquet of dark red fruit with medium-bodied taste. Cherry and raspberry flavors and mild tannins.</i>		
Barrique d'Or, Merlot	7.50	35.00
<i>Deep purple wine with notes of plum, black currants, and fig. Soft and full-bodied.</i>		
Noble Vine 337, Cabernet Sauvignon	9.50	45.00
<i>Notes of blackcurrant and black cherries, ripe tannins and a hint of black pepper.</i>		

## BLENNIES THEME NIGHTS

### Tuesday's Steak Night

Choose from different sizes of juicy tenderloin or sirloin and combine this with your choice of side and sauce for \$24,50 - \$29,50

### Thursday's All You Can Eat Ribs Night

Are you seriously hungry? Choose from delicious spicy, sweet, or BBQ ribs served with coleslaw, corn on the cob, and fries for only \$25 p.p.

### Friday's All You Can Eat BBQ buffet

Celebrate your Friday evening by joining us for our famous All You Can Eat BBQ buffet, featuring a spit-roasted pig and live music. Only \$27,50 p.p.

### Sunday Pizza Funday

Enjoy delicious stone oven pizzas and pizzettas at Blennies restaurant. Pick your favorite pizza or pizzetta! All pizza's \$15 and all pizzettas \$10!

Weekly from 6 pm to 10 pm! Reservations are recommended

## LIONFISH SPECIAL

Bring in your own caught lionfish and we will clean and cook it to perfection! Served with your choice of rice, roasted potato or, fries for \$12.50 per person.

Please drop off your catch with one of our staff between 3 pm and 5 pm to enjoy it for dinner the same day.



Did you already find our hidden treasure?

Above the dive shop you can find Ingridients restaurant. At this unique and elegant location, you'll have dinner with the perfect view. Watch the sunset over the Caribbean Sea and the divers getting in and out of the water.

Our focus is to use locally produced fresh ingredients with dishes inherent to the Mediterranean cuisine, using the basic principles of French, Spanish and Italian cooking.

Try the best pizza on the island, perfectly cooked pasta, delicious fresh fish, or juicy meat dishes.

Make your dinner reservations at Ingridients restaurant now!